

The following rules have been established to promote a safe, enjoyable and sanitary swim. We ask your cooperation in following these rules and in heeding the lifeguard's directions. Please direct all comments, questions, or complaints to the Pool Manager.

- Anyone having an open cut, sore, or lesion will not be allowed to swim. These conditions create a health hazard for others.
- All swimmers are required to take a hot, soapy shower before entering pool. This helps maintain safe, clean water for all swimmers.
- Bathing suits are required. Cut-offs, jeans, t-shirts and gym shorts are not permitted. Clothing designed for use in pools helps prevent clogged filters and embarrassing situations.
- No toys from outside are to be brought into the pool area, including inflatable "swimmies". Pool-safe toys and flotation devices are available for your use at the pool.
- All children under 8 must have an adult within arm's reach in the water with them. Children under 12 must be supervised by an adult in the pool area.
- Children under 5'5" tall who cannot pass the deep-end test must be either accompanied by an adult in the water or they must wear a coast-guard approved life vest. All non-swimmers must remain in the shallow section of the pool.
- The Lifeguard will require a swim test before allowing swimmers in deep end. This is to minimize the risk of drowning.
- Swim only when lifeguard is on duty.
- Report all pool accidents to the lifeguard. They have been trained to respond appropriately.

PLEASE - - KNOW YOUR NO'S

- 1. **NO** glass containers.
- 2. **NO** food, candy, gum or beverages in the pool, locker and shower areas.
- 3. NO running on pool deck or in hallways to locker rooms.
- 4. NO playing on lane lines.
- 5. NO dunking, pushing, chicken fights, or other horseplay and roughhousing.
- 6. **NO** jumping into the pool.