

# SUMMER



# 2023

City of Auburn  
Memorial City Hall  
24 South Street  
Auburn, NY 13021

## This week in Auburn: July 17 - 22.



**Summer Recreation Program for Kids ages 6-14 will be held between July 11 - August 17 from 1 - 4 pm on Tuesdays, Wednesday and Thursdays.**

### July 18 - 20, 2023 Schedule:

**Tuesday, July 18 at Lincoln Park, 149 N. Fulton Street:** Cayuga County Health Dept. Wheels for Kids activity, STEAM Activities with Play Space, Cornell Cooperative Extension making fruit and yogurt smoothies, playground, field games, court games, board games, arts & crafts.

**Wednesday, July 19 at Clifford Park, 81 Mary Street:** Cayuga County Health Dept. Wheels for Kids activity, Culinary Arts with FLICK making Tomato & Corn Salsa\*, Music Lessons with Perform 4 Purpose, Cayuga County K9 demonstration, field games, playground, court games, board games, arts & crafts.

**Thursday, July 20 at Casey Park, 150 N. Division Street:** Cayuga County Health Dept. Wheels for Kids activity, Seymour Library activity, Auburn HS Field Hockey activity, playground, board games, field games, court games, arts and crafts.

### Important Rules and Information:

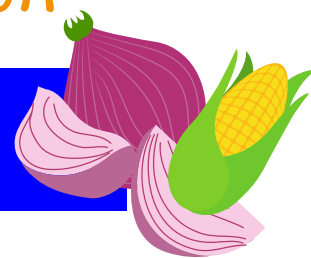
- Children **MUST** be signed in and out of the program daily.
- Please send a labeled water bottle each day.
- Supervision is from 1-4, please make sure your child is picked up by 4pm.
- Please keep in mind there are no bathroom facilities at Lincoln Park.
- Casey Park pick up and drop off will be in the pavilion by the playground
- Join our remind class for weekly updates and other important information: [www.remind.com/join/k2c3b34](http://www.remind.com/join/k2c3b34) OR text @k2c3b34 to the number 81010
- For more info: [www.AuburnNY.gov/summerrec](http://www.AuburnNY.gov/summerrec)

**This week in Auburn: July 17 - 22, 2023. Info: [AuburnNY.gov/parks](http://AuburnNY.gov/parks)**



FLICK, INC. PRESENTS:

# TOMATO & CORN SALSA



## INGREDIENTS

*Yields 4 portions*

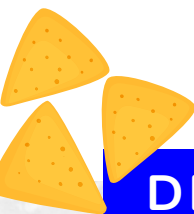
- 2 Tomatoes
- 2 Ears of corn shucked, steamed & cooled
- 1 Onion
- 1 Bell pepper
- 1 Garlic clove
- 1/4 cup of Cilantro Leaves
- 1 Lime
- Salt to taste

*\*Common Food Allergens: None*



### BEFORE YOU START, MAKE SURE YOU:

1. Ask an adult for help
2. Wash & dry your hands
3. Grab an apron & collect your ingredients



## DIRECTIONS

1. Wash the tomatoes, onions, peppers & cilantro separately in a sink or bowl filled with ice water. Gently move around to remove any dirt or debris. Remove from ice bath and place on a plate lined with paper towels to remove excess water.  
*Note you may have to change the water a few times.*
2. Place corn & cilantro leaves into mixing bowl. Set aside for later use.
3. Place tomatoes on the cutting board. Firmly grip the safety knife with your dominate hand & use your non-dominate hand to firmly grip the tomatoes for "The Claw" hold. Cut tomatoes in half & cut off the stem end. Slice, then dice into cubes. Combine diced tomatoes into the bowl with the corn and cilantro.
4. Repeat Step 3 with the onion, bell pepper & garlic clove. Then combine with the corn, cilantro & tomatoes.
5. Place lime on the cutting board. Using "The Claw" hold, cut in half, then into quarters. Score the limes by making three slices across each quarter. Squeeze the juice into the same bowl as the corn, cilantro, tomatoes, onion, peppers & garlic.
6. Sprinkle with salt & fold together with a rubber spatula to evenly distribute the salt & lime juice. Taste & add more salt if needed - *remember you want it salted not salty!*

**Featured Farmer**

**Vitale's Farm Market  
& Horsford Farms**

Catch them every week  
at the

Auburn Farmer's Co-Op Market.

Learn more about Vitale's Farm Market here:

<https://www.facebook.com/VitalesFarmMarket>

& Horsford Farms Market here:

<https://www.facebook.com/HorsfordFarms>

**GRAB SOME CHIPS & ENJOY!**

# KIDS ON WHEELS SAFETY RODEO



July 18, 2023 @ 1pm  
Lincoln Park  
149 North Fulton St  
Auburn NY

July 19, 2023 @ 1pm  
Clifford Park  
81 Mary St  
Auburn NY

July 20, 2023 @ 1pm  
Casey Park  
150 North Division St  
Auburn NY

Bring your ride or wheels! Learn the rules of the road, ride through the safety course, brush up on your bike safety ABCs, and more! Participants will receive **FREE** bike helmets as needed!

**THIS EVENT IS FREE  
TO ATTEND!**

Cayuga County



# Thank You to our 2023 Summer Rec Partners...

- City of Auburn
- NUCOR
- Play Space
- Seymour Library
- Perform for Purpose
- Cayuga County Sheriff's Office
- New York State Police
- City of Auburn Fire Department
- Cornell Cooperative Extension  
Cayuga County's SNAP Ed program
- Cayuga County Health Department
- Sports 4 All
- Home Depot
- Auburn Doubledays



**AGES  
6-14**

# CITY OF AUBURN **SUMMER** RECREATION



**JULY 11-AUG 17: TUES, WED, & THURS 1-4PM**

**For more information follow  
City of Auburn Parks & Recreation  
on Facebook**

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### Monday Movie Mania

Free outdoor movies on Mondays at 8:30 pm or as soon as it is dark enough to begin. Bring your own chairs, blankets and popcorn! This week's movie: July 17th Movie: **Lightyear at Clifford Park.**



### Monday - Tennis Under the Lights at Casey Park

July 17th from 7:30 - 9 pm. Info: [AuburnNY.gov/tennis](http://AuburnNY.gov/tennis)



### Tuesday Hoopes Park Concert

Tuesday Evenings beginning at 6 pm. This week's concert: July 18th - **Motley Crouton.**



### Tuesday - Pickleball Under the Lights at Casey Park

July 18th from 7:30 - 9 pm. Info: [AuburnNY.gov/pickleball](http://AuburnNY.gov/pickleball)



### Wednesday Evening - State Street Live!

Outdoor live music series held at the new downtown State Street Public Plaza located at 1-7 State Street. This week's schedule: July 19th **Natalie Mieras**, 5:30 - 7:30 pm. Info: [AuburnNY.gov/parks](http://AuburnNY.gov/parks)



### Saturday - Downtown Auburn Saturday Markets

Saturdays from 9 am - 1 pm at the Equal Rights Heritage Center, downtown at 25 South Street. This week's market: July 22 - with Artisan Makers/Vendors; Children's Entertainment: **Jeff the Magic Man**; the **REV Theatre's Aesop's Fables: On Stage!** at 11 am; Live Music: **Irv Lyons, Jr.**; and Tubman Walks & Talks with National Park Service Rangers. Info: [VisitAuburnNY.com](http://VisitAuburnNY.com)



### Casey Park Pool

The pool will be open daily through August 25th 12 - 6 pm. The pool is operated in partnership with the YMCA and is located at the Casey Park Recreation Center, 150 N Division Street. Free Open Family Swim for City residents and Y members. For pool rules visit [www.AuburnNY.gov/Casey](http://www.AuburnNY.gov/Casey)

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