

Cayuga County Health Insurance Consortium Wellbeing Incentive Program

The Cayuga County Consortium **is** committed to the wellbeing of it's members. We are pleased to announce that we are continuing our wellness premium discount.

This year, it is easier than ever as the submission of a paper physician form will not be required! Through our partnership with Excellus BlueCross BlueShield, we can automatically track the following, activities. **Complete all three of these to earn the incentive:**

1. Register for one (or all) of the following:
 - Excellus BCBS online account or mobile
 - MDLIVE Telemedicine account
 - Wellframe Member Care Management account
2. See your Primary Care Provider for an annual well visit
3. Complete a Lipid Panel / Cholesterol Screening.

Enrolled employees and spouses who complete these requirements between November 1st, 2022 and October 31st, 2023 will receive a premium discount of \$21 per month (Employee) or \$42 per month (Family) on your **2024** deductions.

Please note that your **medical** information will not be shared in this process; only **your name and date of birth are provided to confirm that** you have completed the above steps.

